



Legends of the South Pacific

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MATERIALS

Legends of South Pacific embroidery designs

- 2.5m white homespun for embroidered block centres
- 1.5m green and gold fabric for strips around embroidered blocks
- 3.0m mottled blue fabric for sashing and borders
- 4.5m backing fabric
- 4m batting
- Machine feet – 1/4in, walking, embroidery and freehand quilting foot
- Size 14 machine needle
- Robison Anton SuperStrength(r) Rayon embroidery thread in the colours specified on the design disk
- Robison Anton Bobbinfill
- Construction thread to match backing fabric
- Quilting thread
- Heavy tearaway stabiliser - minimum weight 80g
- Rotary cutter, self-healing mat and quilting ruler
- 16.5cm quilters' square ruler
- Heavy duty spray starch
- Water-soluble marking pencil
- Quilter's safety pins and quilting pins
- Optional – hot crystal BeJeweler applicator with Swarovski crystals





The embroidery designs were stitched on a Janome 11000 using the 200mm (8in) square hoop but the designs are suitable for any machine with a hoop size of 130mm x 180mm (5in x 7in). The finished quilt size is 142.5cm x 191cm (56in x 75¹/₄in).

NOTE: It is recommended that 100% cotton fabrics, pre-washed and ironed be used. All yardage requirements are based on fabrics that have a width of 112cm (44in). Seam allowances of 6mm (¹/₄in) are allowed in all cutting instructions. This quilt is rated as suitable for beginner to intermediate level of quilting experience.

DESIGN HISTORY

This collection was inspired by stories and myths of the indigenous population of the South Pacific, in particular the Solomon and the Torres Strait Islanders. There are 20 designs and each tell a different story as the native creatures and elements are significant in the ancient history of these lands.

One lovely tale records how the sea turtle became the symbol of the Puakonakai Royal Crown. One morning the Queen, Nei-Kamoa (Timirik), was awakened by a wet crab that had crawled up onto and across her stomach. She followed the crab into a cave and saw it disappear down into the cracks between some rocks. She immediately summoned her husband who came rushing with several of his men to see what the excitement was all about. They started digging up the heavy rocks around the hole where the crab had disappeared and after a few feet, there it was... fresh water! They had discovered that fresh water was captured in an ancient lava tube. This was truly a great discovery as for the first time, the people would not have to spend so much time travelling to other islands, collecting fresh water during the drought months. In honour of this great discovery, the first rock taken from the well was carved into the likeness of a turtle. The Sea Turtle is symbolic of the King of Puakonakai. An old mythological tale in Polynesia tells of the sea turtle that is actually holding up their ocean island. The turtle immediately became the symbol of the Puakonakai Royal Crown. It was



dedicated to the King and is the permanent physical symbol of the Royal Crown. The person who possesses the Stone Turtle is the King or Queen of Puakonakai.

CUTTING

The fabric will be cut on a need-to-use basis, using a rotary cutter, self-healing cutting mat, quilting ruler or 16.5cm quilters' square ruler as directed.

EMBROIDERY

1. From the plain homespun cut 18, 14in (35.5cm) squares.
2. Press each block using several coats of heavy-duty spray starch to stabilise them and press between coats to improve the stiffness of the fabric.
3. Using a water-erasable pen, mark the centre of each square.
4. All designs used for this quilt were enlarged by 20% in the MC11000 Customiser and turned on the point – 45° degrees – to suit the 200mm (8in) hoop. The original designs on the disk are suitable for the standard 130mm x 180mm (5in x 7in) hoop although the design dimensions will be different.





- Using heavy tearaway stabiliser in the hoop, bobbinfil in the bobbin and brightly coloured threads in the size 14 embroidery needle. Embroider the chosen designs from the collection.
- Embroider 14 blocks of solid designs. Removing the stabiliser from the back of each embroidered piece pressing the block as it's completed. The designs are interchangeable, should you wish to just embroider an outline from the Manu bird you can do so.
- Embroider four blocks with an outline only by skipping all the colours but the last one on the touch screen.
- Using the 16.5 cm (6½in) quilter's ruler, trim all the embroidered blocks to the piecing size of 10½in (26.5cm) square, keeping the embroidery centred in each block.

ASSEMBLING EMBROIDERED BLOCKS

NOTE: All the patchwork piecing uses construction thread in the needle and bobbin, the size 14 needle in the machine and the ¼in foot for construction.

- Mark the inner square of 9¾in (25cm) on each of the embroidered blocks.
- To make the window used on this quilt, select matching patterned fabric and cut four 1½in (4cm) strips across the width of the fabric. Fold each strip in half and press. Lay the folded edge of a strip along the 9¾in (25cm) frame marking. Place a fabric strip to the top and bottom of the block and then to each side. See diagram 1 on the pattern sheet. Continue adding the strips to each block, always using the same sequence when you add the strips. **See photo 1.**



- Sew the folded strips to the embroidered blocks using a ¼in (6mm) seam allowance. **See photo 2.**



- Press all seams and blocks and put them to one side.

SASHING & BORDERS

- Cut 2in (5cm) strips across the width of the green and gold fabric.
- Place the right side of a strip face down to a raw edge of the window strip and sew a ¼in (6mm) seam on top of the window. See diagram 2 on the pattern sheet.
- Press well and trim as necessary then proceed to other sides of the block.
- When all blocks are done – cut 2½in (5.5cm) strip of the blue fabric. Place the right side of a strip face down to a green and gold raw edge of the window strip and sew a 2in (5cm) seam on top of the window.
- Using the rotary cutter trim all the blocks to measure 12in (30.5cm) square. Cut six squares of the blue fabric measuring 13in (33cm). Cut six squares of Pellon and backing fabric to the same measurement. Create a fabric sandwich by laying a square of backing right side down, then a square of the Pellon followed by the blue fabric right side up. Pin together and then affix with some free-motion quilting.
- Cut five of the joined squares in half to create ten triangles. Cut the remaining square into four triangles. See diagrams 3 and 4 on the pattern sheet.

QUILT ASSEMBLY

Lay out the blocks as per the diagram on the pattern sheet and arrange the embroidered blocks according to taste.

Assemble the quilt using the 'quilt as you go' technique. Generally with this technique, the sections are layered with batting and backing and then quilted. It is like making several smaller quilts. After completion, all the sections are sewn together

into one large quilt. Hand or machine quilting works fine. Make a sandwich of the backing fabric, batting and embroidered block. Free motion stipple the block around the embroidered area making sure not to quilt too close to the edges – leave around 3in (7.5cm) un-quilted around each block. This gives enough room to manoeuvre the fabric and use pins when it comes time to sew the sections together.

Next, place one side on top of the other with the right sides together. Fold the batting and backing out of the way. Match up the seams and just pin the top fabric sides together. Now, sew the seam together. When completed, open it out to lay flat and finger press the seam you have just made.

Smooth one side of the batting so it covers the seam. Trim it to be even with the seam. Smooth the second side of the batting and trim so the two sections of batting are butting up next to each other on the seam line. You can either use a big whip stitch to close the batting, or you can spray a little bit of basting spray to hold them in place.

Smooth out one of the backing sides over the seam line and trim it even with the seam line. Fold the second backing side over the first trim it so it overlaps the first raw edge by about 1/2in (1cm). Fold under 1/4in (6mm) and sew by hand to close the seam.

Now your quilt is together, finish quilting it in the areas you left un-quilted previously. This can be a little tricky - especially on big quilts, but it is much faster than having to wrestle a big quilt under your machine and quilt the whole thing. After quilting, trim and bind the outer edges as normal.

BINDING

Cut 2in (5cm) strips of the blue fabric across the width of the fabric. Fold in half and with the folded strip on the right side of the quilt sew using a 1/4in (6mm) seam, folding in at the corners as necessary. Fold the binding over to the wrong side and hand stitch in place.